

Webinars to address medication issues

The Rappahannock Area Health Education Center (AHEC) will host two free medication-related webinars.

Medications are one of the most important health care technologies for improving longevity and quality of life, reported Rappahannock Community College media services manager Michele Inderrieden.

Unfortunately, medications, including prescription drugs, over-the-counter, herbals and supplements, can cause confusion, said Inderrieden. Taking

and combining medications can result in problems such as unwanted side effects, dangerous drug interactions and other undesirable outcomes.

Learn definitions of medications; drug interactions and side effects; common medication errors; medication safety strategies; and risks of stimulants, opioids, and alcohol misuse.

Join Cynthia L. W. Warriner, BS, RPh, CDE, pharmacist consultant with Health Quality Innovators, and Patricia Slat-

tum, PharmD, PhD, adjunct professor with the Virginia Geriatric Education Center will present Medication Misadventures: Identifying Risks, from 10-11:30 a.m. April 19 via Zoom.

This workshop includes a case study breakout session for health profession students. To register, visit <https://bit.ly/3IhJEN7>.

From 10-11 a.m. May 10, Rappahannock AHEC will host Stimulant Use Disorder: Signs and Symptoms, presented by Licensed Clinical Social Worker Paul Brasler.

The webinar will discuss strategies for recognizing and addressing the signs and symptoms of stimulant use disorder. To register, visit <https://bit.ly/33K9muP>.

